

Best Practices for Symptomatic Patients –



Being symptomatic would win the “Most-Likely to Succeed” Award in spreading COVID-19 to others. Since COVID-19 symptoms can be very similar to normal or seasonal-like allergy or common cold symptoms we SHOULD NOT ignore them. Here are some best practices to consider in order to help stop the spread of COVID-19 and help navigate your situation.

1. Stay home if you noticed any recent COVID related symptoms (Fever, chills, difficulty breathing or shortness of breath, fatigue, body aches, headache, loss of taste/smell, sore throat, congestion, runny nose, nausea, or diarrhea)
 - a. Communicate with your supervisor if the above statement applies to you and let them know that you would like to await test results before returning to work
 - b. See if there is a work-from-home option
 - c. QIN Employee’s refer to Employee COVID Policy V. Symptomatic Employees
2. If you think you’ve had exposure to COVID-19, self-report this inquiry to the QIN COVID Call Center – a staff member will help walk you through your situation and identify potential services
 - a. 360-276-2445 Hours: Monday-Friday 8AM-4PM & Saturday/Sunday 10AM-6PM
3. The QIN Incident Command Team or Grays Harbor County IMT are the only entities to identify you for official quarantine
 - a. Quarantine for symptomatic patients and COVID-19 exposures need to be verified by ICT

Thank you for doing your communal duty to help prevent the spread of COVID-19!

If you or a household member tests positive for COVID-19 OR has had exposure to someone who tested positive to COVID-19 –

The Quinault Indian Nation Incident Command Team (ICT) and Roger Saux Health Care (RSHC) Staff provide resources and services to Quinault Tribal members within the Service area of Grays Harbor County. Additionally, services are also provided to all residents (QIN or not) of Q-Village, Taholah, and Queets.

1. Dates for Isolation or Quarantine can be confusing. The ICT can help walk you or your household member through an exposure or positive test of COVID-19. Please call the QIN COVID Call Center at 360-276-2445 and ask to speak to ICT. Hours are Monday-Friday 8AM-6PM & Saturday and Sunday 10AM-2PM.
2. Testing options are provided by the QIN COVID Response Team (CRT) and is available 5 days a week (weekdays) at several locations. To inquire about testing schedule please call the QIN COVID Call Center.
 - a. If testing or an exposure took place outside of the QIN CRT testing please call the call center to self-report.
3. Those identified for Quarantine will be provided with Daily Monitoring calls from ICT during the quarantine period. In addition, food and supplies will be provided for the family if they qualify for services.
4. Those identified for Isolation will be provided with Daily Monitoring calls from RSHC Nursing staff during the isolation period. In addition, food and supplies will be provided for the family if they qualify for services.
5. If you DO NOT have a safe place to isolate or quarantine away from others, QIN ICT partners with the Grays Harbor COVID team for an isolation and quarantine site located in Hoquiam, WA. Any resident of Grays Harbor is eligible to utilize the facility where they will provide food and room and board.