



**We acknowledge the fear, anxiety and stress that COVID19 has brought on for many of us, of all ages. We want to extend our services to current and new patients who would like to utilize tele-health for counseling to talk about these things. We have suggestions and are trained to help communities in times like these. We are happy to share resources and ideas to help you during this time. We are also creating care packages that are focused on keeping you busy while at home. Some of us are all of a sudden teaching kids, working from home, isolated, worried about our parents and grandparents, missing our friends/relatives, missing cultural connection, and our places of faith. You aren't alone. Please see the info below on how to reach us.**

### **Quinault Nation Behavioral Health Tele-health Services**

Patients may schedule tele-health services with our Behavioral Health Program which includes Chemical Dependency by calling Tuesday, Wednesday or Thursday between 8:00 AM-4:30 PM at (360) 276-8215 ext. 8325. If you need to call the after-hours line when the Clinic is not open, please do so by calling (360) 533-8765.