

What to do when Someone is Sick

(Not COVID -19 positive)

The sick person should stay separate from other people in the home as much as possible.

BEDROOM AND BATHROOM



1. If possible, keep separate bedroom and bathroom for sick person.
 - If you have separate bedroom and bathroom: reduce cleaning as-needed (e.g. soiled items and surfaces) to minimize the amount of contact with a sick person.
 - Caregivers can **provide personal cleaning supplies** to the sick person (if appropriate). Supplies include tissues, paper towels, cleaners, and [EPA-registered disinfectants](#).
2. If shared bathroom is only option.
 - Clean and disinfect after each use by the sick person. If this is not possible, the caregiver should wait as long as possible before cleaning and disinfecting.

See [precautions for household members and caregivers](#) for more information.

FOOD

- **Stay separated:** The sick person should eat (or be fed) in their room if possible.
- **Wash dishes and utensils using gloves and hot water:** Handle any non-disposable used food service items with gloves and wash with hot water or in a dishwasher.

[Clean hands](#) after handling used food service items.



TRASH

- **Dedicated, lined trash can:** If possible, dedicate a lined trash can for the sick person. Use gloves when removing garbage bags, and handling and disposing of trash. Wash hands afterwards.