Do It Yourself Hand Sanitizer

1. Pour 2 parts isopropyl alcohol (or ethanol) into a small bottle
2. Add 1 part aloe vera gel to bottle
3. Close top and shake well until mixed
4. Put a dime sized amount in the palm of your hand
5. Rub liberally on both sides of hands
6. Let dry completely*

*note—hands must be clean and free of dirt, dust or grease before applying hand sanitizer or it won’t be effective

Tribal Healthy Homes Network 2020